

Palliative Care for Care Givers

Training Program 2019



2019 Courses: Wednesday February 13th
Thursday March 21st
Wednesday May 8th
Wednesday June 19th
Friday July 26th
Wednesday September 18th
Wednesday November 20th

Time: 9:00am-4:30pm

Venue: Waipuna Hospice, 43 Te Puna Station Rd., Tauranga

Cost: \$35.00 (morning & afternoon tea provided, please provide own lunch)

To Register: Contact Joanne Wiggett – Education Administrator - 552 4380
Education@waipunahospice.org.nz

Introduction to Palliative Care Health Care Givers

This teaching resource is for care givers working in any care setting – homecare, aged residential care and hospital care.

Learning outcomes:

Session 1 – Introduction to Palliative Care

At the end of the session you will be able to:

1. Define palliative care
2. Describe why palliative care is needed and who may need it
3. Discuss models of care and a holistic approach to care
4. Explain what quality of care means
5. Describe examples of ways of providing care

Session 2 – Symptom Assessment and Management

At the end of session two you will be able to:

1. Understand your role in pain and symptom management
2. Discuss the concept of total pain
3. Describe how to assess symptoms
4. Explain how to manage symptoms

Session 3 – Communication Skills for Supporting Patients and Family/Whanau

At the end of session three you will be able to:

1. Understand the importance of good communication
2. Identify barriers to effective communication
3. Feel more confident when faced with courageous conversations

Session 4 – Last Days of Life

At the end of session four you will be able to:

1. Recognise deterioration
2. Understand symptom management in the last days of life
3. Describe the holistic nature of loss and grief
4. Know the importance of self-care

